

## About membership

As a member, you'll receive regular information, keeping you in touch with the latest development in the hospitals. You may be consulted about significant changes or new services. And you'll be able to vote for our governors, or even stand as a governor yourself.

Our membership community numbers just over 19,000 and is divided into three groups:

- patient - for patients and carers
- public - for people who live in our public membership area
- staff - automatic membership for eligible staff, opt out available

Please consider joining us - it is your opportunity to have a say in how the hospital is run. You can opt out of membership at any time by emailing [Foundation.trust@addenbrookes.nhs.uk](mailto:Foundation.trust@addenbrookes.nhs.uk)