Oral and Maxillofacial Surgery Department
Clinic 8

Your Visit to the Minor Oral Surgery Procedure Clinic

You have been listed for a minor oral surgery procedure. Your name has been added to our waiting list. You will be contacted by phone approximately one month before you have your treatment, to agree a convenient date and time for this.

We treat all patients in turn unless your consultant tells us your procedure is more urgent. You will be contacted as your name comes to the top of the list.

At the end of the booking call you will be asked if you would like to receive a confirmation letter of the date and time of your procedure. If you are happy not to receive this letter, please use the space below to make a note of the date and time.

Date of procedure: ............................................. Time: ....................................

We will send you a confirmation letter if you request one.

Coming to the clinic

Clinic 8 is on level 3 of the outpatient department at Addenbrooke’s Hospital, Cambridge.

From outpatients entrance:

Go through the outpatients reception area (this is already level 2). Turn right to the main corridor leading to the hospital concourse. When you reach the first set of stairs/lift on the left hand side go up to the third floor. On the third floor landing turn right to the long corridor. Carry on until you reach clinic 8 at the very end of this corridor on your right hand side.

Finding us: http://www.cuh.org.uk/addenbrookes/finding_us/finding_us_index.html

For all Addenbrooke’s outpatient appointments, please use the patient and visitor main hospital car park (Multi-storey, Pay and Display). Access is via the Adrian Way entrance.

Parking at the hospital is limited so please use public transport if possible.

What should I do if I cannot attend my appointment?

It is important that appointments are not wasted. Please contact the clinic to cancel and re-book your appointment as soon possible. Telephone number: 01223 274321.
What should I do if I no longer need my appointment?
If you no longer require your appointment for any reason please contact us to cancel. This will allow someone else to be offered the appointment. Telephone number: 01223 256492.

Will I be reminded about my appointment?
Yes - if you have given permission to have a text message reminder. This will be sent to your mobile phone during the week prior to your appointment.

What should I do if I miss an appointment?
If you miss an appointment please contact the clinic as soon as possible to arrange another time. If we do not hear from you, we will assume you do not need another appointment.

Which doctor or nurse am I going to see?
You may be seen either by the consultant, specialist registrar or a supervised junior member of the team for your procedure. If necessary, your case will be discussed with the consultant in charge of the clinic.

Will I be seen again?
This will depend on what procedure you have with us. You will be told if we need to see you again.

Will medical students be present?
Addenbrooke’s is a teaching hospital and it is likely that student doctors will be present in the clinic. You will usually be asked if you are happy with this when you are called in for your appointment. You are under no obligation to be seen by students. Please say if you do not wish students to be present.

Where will I be examined?
In a clinical room in clinic 8.

Advice and instructions regarding MOS treatment:

Pre treatment
1. For morning appointments; please ensure that you have a light breakfast, such as tea and toast or cereal.
2. For afternoon appointments; please ensure that you have a light lunch.
3. Smoking is discouraged for two days prior to and following your treatment.
4. You may wish to bring a friend or relative for support and to take you home.
Before treatment commences

1. Inform the surgeon of any changes in your medical health or any additional medication which you are taking.
2. Please bring any tablets, medicines or inhalers which are in current use and a list of your medication.
3. Inform us of any allergies for example, Penicillin.
4. Inform us if you have a prescription for Warfarin, Aspirin, Rivaroxaban, Dabigatran, Apixaban, Edoxaban or Clopidogrel, Ticagrelor or blood thinning medication

After treatment

1. You will be asked to stay in the recovery room for approximately 15 to 20 minutes until we feel that you have recovered and are able to go home.
2. You may be given a prescription for pain relief and/or antibiotics. You will need to pay an NHS prescription fee for each medication prescribed to you.
3. Smoking is discouraged for two days following your treatment.
4. Further specific advice will be given to you regarding aftercare and medication.
5. A further appointment may be required to review your treatment.

If you need any further information or have any concerns or worries before or after your procedure please contact: Clinic 8 on Telephone number: 01223 274321.

We are a smoke-free site: smoking will not be allowed anywhere on the hospital site. For advice and support in quitting, contact your GP or the free NHS stop smoking helpline on 0800 169 0 169.

Other formats:

If you would like this information in another language, large print or audio, please ask the department where you are being treated, to contact the patient information team: patient.information@addenbrookes.nhs.uk.

Please note: We do not currently hold many leaflets in other languages; written translation requests are funded and agreed by the department who has authored the leaflet.

Document history
Authors         Mr Vijay Santhanam
Pharmacist      Eilis Rahill
Department      Department of Oral and Maxillofacial Surgery
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