Ward C2 looks after children from 0-16 years of age.

Some of the children have cancer or a blood disorder and some of the children are coming to have an operation. There are 17 beds on C2.

**How can I find C2?**
You can find C2 by coming through the main entrance and walking past the hairdressers and across the corridor to the C and D lifts. Walk past the lifts and turn left at the end. C2 is in front of you.

When you get to the door, press the bell and the nurses will ask you who you are and then let you in.

**Where will I be sleeping?**
You will be shown to a bed where you will be able to get settled and put some of your things in the cupboard to keep them tidy.

Please look after all of your belongings as the nurses are not able to look after anything for you.

There is a pull down camp bed next to your bed so one of your parents is able to stay with you overnight if you want them to.

**Can I have visitors?**
Your parents will be able to visit you at any time during your stay. Any other visitors, like your grandparents or friends, are allowed until 20:00 when the lights get turned down to allow others to sleep.

As there is not much space next to the beds, only two people are allowed to visit you in your bed at one time. We ask that you keep the noise levels to a minimum so that it does not disturb other patients.
If any of your visitors have an infectious illness such as diarrhoea they will be asked to go home so that it does not spread to other patients. If someone wants to visit but they have an infectious illness we ask them to stay at home.

**Who will be looking after me?**
Every day you will be seen by a doctor who will tell you what is going to happen and to check that you are getting better. The doctor will be able to discuss with you any tests that you have had and the reason for your stay in hospital. They will also be able to tell you when you might be able to go home.

You will be looked after by a nurse who will make sure that you have everything you need. The nurse will take your temperature, heart rate, breathing rate and oxygen levels every few hours and make a record on your charts.

The nurses will also help if you are uncomfortable or in pain, so please tell one of them so that they can help to stop the pain.

**What time are the meal times?**
Breakfast is at 08:00 (on a trolley near the play room). There is a cook on the ward who cooks on demand for the children Monday to Friday 10:00 to 19:00 so that you can choose what you want to eat. When the cook is not around, there is a hospital food trolley at midday and 17:00.

If you have a special diet, for example you are vegetarian, then let the nurses know as soon as you get into hospital so they can make sure a meal is prepared for you. If a parent stays with you overnight they will be able to have breakfast with you in the morning but they have to bring their own food in for other times. There is a fridge that they can put food into and they can use a microwave to heat food up if they want to for themselves.

**What can I do to stop getting bored?**
The TV by your bed is free to use but turns off at 21:00. The TV also has radio stations so you could sit and listen to some music whilst you are in bed. The teenage room on the ward is for you to spend some time in if you want to.
Welcome to WARD C2

The school room and the teachers can give you some work sheets to keep you busy. The play specialist and nursery nurses on the ward will be able to find some things for you to do.

You can bring a hand held computer game or iPod to listen to some music with you but you have to look after it yourself.

You may want to bring a book or magazine to look at during your stay. There is a room for your parents to watch some TV and eat their dinner.

Can I use my mobile phone?
Yes mobile phones can be used on C2 as long as they are on silent/vibrate and are used discreetly so that they do not disturb others who are resting.

How can I get in touch with ward C2?
The telephone number is 01223 217231.

The address is:
Ward C2, Box 5
Addenbrooke’s Hospital
Hills Road, Cambridge
CB2 0QQ
Please do not bring flowers on to the ward as they are not allowed on C2.

Where can I get more information?
If you are coming in to hospital to have an operation there is a leaflet available which explains what happens. If you want a copy please ask the nurses and they will be able to tell you where you can find it.
We are now a smoke-free site: smoking will not be allowed anywhere on the hospital site.

For advice and support in quitting, contact your GP or the free NHS stop smoking helpline on 0800 169 0 169.

**Other formats:**

If you would like this information in another language, large print or audio, please ask the department where you are being treated, to contact the patient information team:

patient.info@addenbrookes.nhs.uk.

Please note: We do not currently hold many leaflets in other languages; written translation requests are funded and agreed by the department who has authored the leaflet.

**Document history**

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