Cleft.NET.East

Patient Information
Addenbrooke’s Hospital
Combined Cleft Clinic

On behalf of the Cleft Team, we would like to welcome you to this Combined Cleft Clinic.

Our team, known as Cleft.NET.East, provides specialist care across the East of England.

We have our base here at Addenbrooke’s Hospital and members of the Addenbrooke’s team also travel to outreach clinics.

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Notes about the clinic appointment...

What plans have been made?

Next appointment?

Any other appointments to be arranged?

Things to remember?

Where to contact us:

Cleft.NET.East
East of England Cleft Network
Box 46, Clinic 7
Addenbrooke’s Hospital
Hills Road, Cambridge CB2 0QQ
Telephone: 01223 596092
Fax: 01223 274244
Website: Cleft.NET.East

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Useful websites:

CLAPA:
www.clapa.com
CLAPA-Cambridge:
www.clapa.com/regions/east-of-england/
Changing Faces:
www.changingfaces.org.uk

Other formats:

If you would like this information in another language, large print or audio, please ask the department where you are being treated to contact the patient information team: patient.information@addenbrookes.nhs.uk.

Please note: We do not currently hold many leaflets in other languages; written translation requests are funded and agreed by the department who has authored the leaflet.

We are now a smoke-free site: smoking will not be allowed anywhere on the hospital site.

For advice and support in quitting, contact your GP or the free NHS stop smoking helpline on 0800 169 0 169.

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Authors | Cleft team
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The care of a child born with a cleft lip and/or palate requires the services of many health professionals, each with their own specialist expertise. You may be surprised how many people are in the clinic.

We will all be interested in your child’s progress at different stages but not everyone will need to contribute to the discussion today.

In this clinic we hope we can answer all your questions and ensure that all aspects of your child’s cleft care are carefully planned and co-ordinated by the team.

Please understand that although we all try to attend every clinic, there will be occasions when some of us are unable to be present.

When you meet the team today, we will probably ask how things have been with hearing, babble/speech/tone of voice, appearance, teeth, eating and school/college/work or any particular concerns you might have. Before you come in, you might like to make a note of things to discuss.

There is some information about us all in the cleft team leaflet which may help you to think of questions you would like to ask us.

The main things I/we would like to talk about today with the team are:

1.

2.

3.

4.

If you or your child feel particularly anxious about coming into the clinic room today, or if you would like to speak to the team without your child present after his/her consultation please let the nurse know as you come in.

You may like to talk to team members about particular queries...

- Facial appearance – with the cleft surgeon
- Speech quality – with the specialist speech and language therapist
- Hearing – with the cleft team audiologist
- Ears, nose or throat problems – with the ear, nose, throat consultant
- Teeth and dental care – with the orthodontist
- Alveolar bone graft or osteotomy (if it is part of your child’s care pathway) – with the maxillofacial surgeon
- Worries about things like – speech, schooling and emotional issues; surgery and if/when it should take place; appearance, confidence and teasing – with the clinical psychologist
- Health – general development, other medical conditions – with the paediatrician

A specialist nurse is always available in the clinic for support and liaison with the primary care team.