This is my Hospital Passport

For children and young people with special or additional needs coming to Addenbrooke’s Hospital

My name is:

If I have to go to hospital this book needs to go with me, it gives hospital staff important information about me.

This passport needs to stay with me by my bed.

This passport belongs to me. Please return it when I go home.

Nursing and medical staff please look at my passport before you do any interventions with me.

Things you must know about me

Things that are important to me

My likes and dislikes

Cambridge University Hospitals NHS Foundation Trust
**Things you must know about me**

<table>
<thead>
<tr>
<th>Field</th>
<th>Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name</td>
<td></td>
</tr>
<tr>
<td>Likes to be known as</td>
<td></td>
</tr>
<tr>
<td>Date of Birth</td>
<td></td>
</tr>
<tr>
<td>Address</td>
<td></td>
</tr>
<tr>
<td>Tel No</td>
<td></td>
</tr>
</tbody>
</table>

**How to communicate with me:**

[Blank space for communication methods]

**Contact person:**

<table>
<thead>
<tr>
<th>Relationship e.g. Mum, Dad, Support Worker:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Address</td>
<td></td>
</tr>
<tr>
<td>Tel No</td>
<td></td>
</tr>
</tbody>
</table>

**My support needs and who gives me the most support:**

[Blank space for support needs]

**Date completed**

[Blank space for date and signature]
Things you must know about me

Allergies:

Heart/ Breathing problems:

Risk of choking, Difficulty with eating, drinking & swallowing:

GP: 
Address: 
Tel No: 

Other services/ professionals involved with me:

Spiritual needs: 
Religion: 
Religious Needs: 
Ethnicity: 

What to do if I am anxious:

Date completed by
Things you must know about me

Current medication

How I take medication: (Crushed tablets, injections, syrup... By mouth, gastrostomy/ naso-gastric tube)

Decisions about my treatment (Consent) (I may need support to make decisions about my care)

My medical history (operations and illnesses/ conditions that I have had) and treatment plan:

Medical Interventions: (how to take my blood, weigh me etc)

Date completed by
Things that are important to me

How you know I am in pain:

Moving around: (Posture in bed, walking aids, transfers, hoisting)

Personal care: (Dressing, washing, etc)

Seeing/Hearing: (Problems with sight or hearing)

How I eat: (Food cut up, help with eating, consistency of food/ Gastrostomy)

Date completed __________________ by ____________________
<table>
<thead>
<tr>
<th><strong>Things that are important to me</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>How I drink:</strong> (drink small amounts, thickened fluids)</td>
</tr>
<tr>
<td><strong>How I keep safe:</strong> (Bed rails, support with challenging behaviour)</td>
</tr>
<tr>
<td><strong>How I use the toilet:</strong> (Continence aids, help to get to the toilet)</td>
</tr>
<tr>
<td><strong>Sleeping:</strong> (Sleep pattern/routine)</td>
</tr>
</tbody>
</table>

**Date completed** by **[Fill in by]**
My likes and dislikes

**Likes:** for example - what makes me happy, things I like to do such as watching TV, reading, music, routines.

**Dislikes:** for example - don’t shout, food I don’t like, physical touch

**Things I like**

Please do this:

**Things I don’t like**

Don’t do this:

Date completed by
Please contact the WellChild Nurse at Addenbrooke’s Hospital if you have any other questions about the passport on 01223 245151 x 586963

Useful websites:

www.voiceability.org.uk
www.mencap.org.uk
www.easyhealth.org.uk
www.edcm.org.uk
(every disabled child matters)
www.special-needs-kids.co.uk
www.cuh.org.uk/addenbrookes/patients/pals (Addenbrooke’s Patient Advice and Liaison)
www.ncb.org.uk
(council for disabled children)
www.pinpoint-cambs.org.uk

Further copies can be obtained from: https://www.cuh.nhs.uk/addenbrookes-hospital/for-patients/patient-information-and-consent-forms/patient-information-leaflets?tid_1=113

This Hospital Passport is based on original work by Gloucester Partnership NHS Trust and the South West London Hospital Access to Acute Group
Thank you to Scope’s Meldreth Manor Team, The Young People from Voiceability Youth Parliament, Pinpoint, The Learning Disability Partnership, and CUH/ Cambridgeshire PCT staff who had input in the redesign of this document. Widgit symbols used with kind permission.

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