Is there a patient support group for my skin problem?

The nursing staff in clinic will be able to assist you in deciding the type of support group that may be appropriate. Information and support group details can be found at [www.bad.org.uk](http://www.bad.org.uk).

We are now a smoke-free site: smoking will not be allowed anywhere on the hospital site. For advice and support in quitting, contact your GP or the free NHS stop smoking helpline on 0800 169 0 169.

Department members who undertake clinics:

**Consultants:**
Dr Suzana Bulic  
Dr Nigel Burrows  
Dr Shiu-Kwan Chan  
Dr Niamh Flanagan  
Dr Julia Gass  
Dr Thomas Ha  
Dr Shaheen Haque  
Dr Paul Norris  
Dr Jane Sterling  
Dr Pamela Todd  
Dr Justyn Thomas  
Dr Marc Wallace

**Hospital specialist:**
Dr Sui-Yen Ah-See

You may also be seen by a clinical registrar or a specialist nurse.
Who is the leaflet for? What is its aim?
We look forward to seeing you in the dermatology clinic. The aim of this leaflet is to provide you with useful background information.

Where is the clinic?
Please check carefully the location of the clinic for your appointment. Dermatology clinics are held at Addenbrooke’s, Saffron Walden, and Newmarket hospitals.

Dermatology outpatients at Addenbrooke’s Hospital is located in clinic 7 on Level 3 (first floor) of the outpatient block. Your appointment may also take place in Clinic 1A, 2 or 9. See map on the back of your appointment letter.

What should I do if I cannot attend for my appointment?
It is important that appointments are not wasted. Please contact the clinic to cancel and re-book your appointment as soon as you are aware of any difficulty attending. Telephone number: 01223 274593

What do I do if I no longer need my appointment?
If you no longer require your appointment for any reason please telephone us to cancel. This will allow someone else to be offered the appointment.

Will I be reminded about my appointment?
If you have given permission to have a text message reminder, this will appear on your mobile phone during the week prior to your appointment.

Which doctor or nurse am I going to see?
You may be seen either by the consultant, specialist registrar or specialist nurse. If necessary, your case will be discussed with the consultant in charge of the clinic.

Will I be seen again?
Most patients are seen only once or twice. We only keep people under long term review if they have skin problems that their GP cannot manage independently.

Will medical students be present?
Addenbrooke’s is a teaching hospital and it is likely that student doctors will be present in the clinic. You will be asked if you are happy with this, usually when you are called in to see the doctor or nurse. You are under no obligation to be seen by students so please let the nurse know if you do not wish students to be present.

Will I have an operation during my first visit?
Sometimes we need to take a small sample of skin to help make a diagnosis. We do not usually remove skin growths at a first appointment. We do not remove harmless skin growths.

Will I be prescribed treatment when I attend the clinic?
Prescriptions generally need to be obtained from your GP. However, some treatments are only available from the pharmacy in the hospital. Therefore, please bring exemption certificates or money with you to your appointment.

What can I do if I am unclear about how to use the treatments that have been recommended?
There is a day treatment unit situated in the clinic. If you would like one of the nurses to show you how best to use your treatments, please mention this during your appointment or ask at the reception desk.