Management of unaffected women with a family history of breast and/or ovarian cancer

**Moderate risk**
Annual mammography 40-49*  
NHS-BSP 50-70

**High risk**
Annual mammography 40-59*  
NHS-BSP 60-70

### One relative
- BC <40
- Bilateral BC at any age
- BC <60 and OC at any age

### Two relatives
- Two BC, average <60
- Bilateral BC and another BC at any age
- Male BC and female BC <60
- BC <60 and OC at any age

### Three relatives
- Three BC at any age
- Male BC and two female BC at any age
- OC and two BC at any age

### Four relatives
- Four or more BC at any age

**Key**
- BC: Breast cancer
- OC: Ovarian cancer
- FDR: First degree relative
- SDR: Second degree relative

**Important notes**
- An affected female SDR via an unaffected male is equivalent to an FDR
- The consultee must be a FDR of at least one affected relative
- Affected relatives must be FDR of each other

*Screening based on the 2013 NICE guidance on familial breast cancer (CG164). Not implemented in all areas, check local availability.*

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