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# Catheterisation training course

## What is catheterisation?

Catheterisation is the process used to drain the bladder and collect urine. This is done via a flexible tube called a catheter.

Catheters can either be inserted through the tube that carries urine out of the bladder (urethral catheter) or through a small opening in the stomach. The catheter usually remains in the bladder, allowing urine to flow through it and into a drainage bag.

Depending on the type of catheter and why it's being used, the catheter may be removed after a few minutes, hours or days, or it may be needed for the long term.

A urinary catheter is usually used in people who have difficulty passing urine naturally. It can also be used to empty the bladder before or after surgery and to help perform certain tests.

## Course purpose

The purpose of the course is to enable practitioners to become proficient in performing both male and female catheterisation safely.

## Who is the course aimed at?

Our course is suitable for nurses, health care assistants and other health care professionals wishing to undertake this skill within their clinical duties

## Our trainers

All courses are delivered by experienced and qualified members of our Clinical Support Services Team.

## Course objectives

On completing this course, students will be able to:

- Define the term aseptic technique
- Identify the most usual means of cross infection
- State the indications of aseptic technique
- Demonstrate an understanding of the male and female reproductive system
- Identify the indications for catheterisation
- State adverse reactions to the procedure
- Explain professional accountability and implications to practice

## Duration

The course runs from 0900-1600

All courses on offer by the Pathology Clinical Services Training Centre are delivered at our Clinical Skills Suite, Westbrook House, 3 The Oaks, Newmarket, Suffolk CB8 7XN

## Our fees

Course fee is £110 per candidate.

We offer a flexible fee structure for larger groups of delegates from a single organisation and can provide training on site. Please contact us for further information on **01223 348903**

## Course dates 2019

05 July

07 November

## Additional info

On completion of the course candidates will receive a certificate of attendance and not that of competence. A competence training package will be provided to use in candidates own area of work, where it is recommended that candidates are supervised by a suitable competent practitioner.

## Booking

For further information or for details of how to book your place, please contact:

Tel: **01223 348 903**

Email: [pathology-clinical-services@addenbrookes.nhs.uk](mailto:pathology-clinical-services@addenbrookes.nhs.uk)