

# Neuro pain management centre and spasticity management

Our team will work with you to develop a tailored care plan to give you techniques to help you to manage your pain as effectively as possible and reduce its impact on your life. This service is for movement rehabilitation and management of large muscle groups. Treatments often include the use of Baclofen Intrathecal pumps and nerve block treatment to manage the spasticity and pain associated with neurological conditions.

We also provide a comprehensive service to help manage spasticity, or muscle stiffness or spasms, which is associated with neurological conditions such as Parkinson's disease or multiple sclerosis.

As spasticity can vary so much from person to person, our team of consultants and specialist nurses will carry out a full multidisciplinary assessment before recommending ways to relieve symptoms. This could include exercises and daily stretching, specialist physiotherapy, medication such as botulinum toxin and Intrathecal therapies, which use a pump to administer drugs to the spinal cord, or a combination of several different methods.

The team will continue to monitor your condition closely at our outpatient clinics so that we can adapt your treatment over time as your symptoms change.