
Multiple sclerosis - MS

It occurs when proteins which protect the nerves become damaged, disrupting the transfer of electrical signals throughout the body. Around eight out of 10 people who have the illness are diagnosed with relapsing remitting MS, which means their symptoms can flare up at any time and will then reduce for a few days, weeks or months before flaring up again.

At Addenbrooke's Hospital, **Dr John Thorpe** and **Dr Paul Molyneux** with experienced team of MS specialist nursing team run a weekly clinic to assess and monitor patients with relapsing remitting MS who are receiving disease modifying therapies. These therapies are designed to reduce the number of relapses someone has and include treatments such as beta interferon, glatiramer acetate, natalizumab and fingolimod. Unfortunately, they are not suitable for all patients.

If you have just been diagnosed with MS, you can get help, support and advice about managing your symptoms at specialist clinics run by our MS nurses. In addition, the team offers expert advice and support to people with MS who have been admitted to Addenbrooke's Hospital, or can visit you in your own home if necessary. They also liaise closely with community therapy staff and social services to make sure patients can receive seamless care when they are discharged from the hospital.

Our MS specialist nursing team also provide a telephone advice service 01223 257160 so that patients living with MS across East Anglia can access expert help and support whenever they need it.

CAMBRIDGE Multiple Sclerosis CLINIC