Scrub donations

We would be very grateful for the items you can make, and below you will find the patterns and everything else you need to know. So before you start, please read the following specification carefully.

Requirements

- We currently require mostly medium and large sets of scrubs.
- 3.5 metres of material needed per set of scrubs (with a good layout this could be 3 metres).
- Fabric should be 115gsm as a minimum, 130gsm is better, but 240gsm is too heavy.
- Please avoid 100 per cent cotton. Either 65/35, 80/20, 50/50 polyester/cotton is appropriate.
- The plainer the material the better – patterned material is harder to inspect for staining/damage.
- V neck or square aperture opening neck with ample opening space to fit over headwear, ponytails, buns etc.
- Cotton tape waist drawstring rather than elastic.
- For trousers we require patch pockets, not inset side seem pockets.

Patterns

For ideas. You can follow this pattern (link is to Google Drive).

How to deliver completed garments

Please drop off garments to the Frank Lee Centre, Addenbrooke’s Hospital, Cambridge, CB2 0SN.

Donations can be received between the hours of 7am and 10pm Monday to Friday and 8am to 10pm on Saturday and Sunday.

There will be a laundry cage in the main reception, and these will be collected on a regular basis.

If you have any questions, please email support@act4addenbrookes.org.uk