

# Hospital governor roles are open to all

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The Trust, which runs Addenbrooke's and the Rosie maternity hospitals and is accountable to its local communities for the services it provides, has just given official 'notice of elections' for its Council of Governors.



Governors, who often see the role as an opportunity to give back to their local hospitals, are elected from public, patient and staff constituencies.

The Trust welcomes governor candidates from all backgrounds and ethnicity, since it wants the council to be truly reflective of the many communities it serves. The only condition is they must be over 16. Training is provided.

Lead Governor, Julia Loudon, who was first elected as a patient governor in July 2015, said part of the role involves attending quarterly council meetings where governors learn about the Trust's performance, activities and strategy and where they can challenge the board of

directors on topics and issues important to their constituents.

Those with more time can sit as governor representatives on various hospital committees, participate in ward inspections and work with the board to help shape the long-term strategy of the Trust.

Julia added: “I find it immensely rewarding work and would not hesitate to recommend the role of governors to others. Not only is it an opportunity to get an amazing insight into the Trust, it also provides the chance to contribute and really get involved in how healthcare is provided to the local community, both now and in the future.

“We ideally want to hear from a cross section of people – including younger people – who want to help this Trust pursue its mission to be kind, caring and excellent in everything it does.”

For more information about becoming a governor contact the Trust Membership Office on 01223 256256 or visit the Trust website. Completed nomination forms must be returned by noon on Tuesday 2 April.