

Nurses

Breast care specialist nurses and nurse practitioners

The nurses in the Cambridge breast unit consist of a Nurse Consultant, Nurse Practitioners and Breast Care Specialist Nurses. They are fully trained senior nurses who have expert knowledge and experience of breast cancer and its treatments, as well as non-cancerous breast problems and breast screening. The Nurse Consultant and Nurse Practitioners hold various clinics for new patients, such as follow-up and early discharge clinics. We work closely with other health professionals including doctors, nurses from other specialities and also liaise with GP's and Community nurses to ensure the continuity of care in hospital and at home.

We are the link between the patient and the breast care team in hospital and in the community.

The Clinical Nurse Specialists (BCNS) can help by:

- Spending time with you and your partner to offer emotional support and advice.
- Helping you to choose and understand the treatments you are being offered.
- Being a point of contact if you are worried about any aspect of your care or diagnosis for as long as you need it.
- Seeing you before and after surgery on the ward.
- Checking if you have any problems with your wound after surgery.
- Aspirating any fluid that may accumulate after surgery.
- Providing information on after care such as breast prosthesis and lymphoedema.
- Being available to discuss any problems or concerns post surgery.

We want to hear from you. If you have any questions to ask- no matter how silly you may think the question is!

Working hours are **Monday – Friday 0900 – 1700**.

The Breast Care Nurses have a voice mail if there is no one available in the office.

Please leave us your details and we will get back to you as soon as we can (usually the same day)

If you have any problems with your wound at the weekend, please contact ward **L4** on **01223 348 500**

Breast Care Nurses:

Nicola Jones

Lisa Jordan

Heather Jarvis

Sian Goodwin

Oncology Specialist Nurse:

Sharon Saunders

Breast Care Support Nurses:

Karyn Frost

Karen Thorpe