Addenbrooke’s professor listed in Queen’s Birthday Honours – Professor Sir Stephen O’Rahilly

Ramsey said: “This truly reflects the stature of a man who has done so much to advance medical research into metabolic disease. Steve embodies the essence of translational research in the hospital – world-leading research in the laboratory translated into new treatment for our patients. It is Steve’s personality, commitment and drive that also led to the creation of the Institute of Metabolic Science (IMS)*. Now one of Europe’s largest institutes for research and clinical care in metabolic disease, the IMS is a perfect emblem of the close collaborative research which has made Cambridge a leader in the global fight against obesity and in the search for the root causes of diabetes and endocrine disorders.

“It’s a great pleasure for me as CUH Chair, and for Chief Executive, Dr Keith McNeil, to see Steve honoured in this way, and we add our very warm congratulations.”

Professor O’Rahilly came to Cambridge from Harvard University in 1991. He has been an
honorary consultant physician at Addenbrooke’s since 1994, providing outpatient care to patients with diabetes and endocrine disorders and researching the causes and consequences of obesity. His work has led to the development of a national clinical service at Addenbrooke’s for patients with severe insulin resistance.

As well as being a practising physician at Addenbrooke’s, Professor O’Rahilly is currently Chair of Clinical Biochemistry and Medicine at the University of Cambridge, Co-Director of the Wellcome Trust-Medical Research Council (MRC) Institute of Metabolic Science, and Director of the MRC Metabolic Diseases Unit.

Professor O’Rahilly has won many awards for his work including the prestigious Luft prize, and InbevBaillet Latorur award. He has honorary doctorates from Dublin, Warwick Dundee and Buckingham. As well as his contributions to the development of the Institute of Metabolic Science, Professor O’Rahilly led the Trust’s successful bid for the Wellcome Trust Millenium Clinical Research Facility and was its first director. In 2011 with Dr John Bradley, he led the team that secured £110M of NIHR funding for the Cambridge Biomedical Research Centre. He has been a very successful mentor of young physician scientists several of whom have become senior researchers and consultants at Addenbrooke’s.

Professor, O’Rahilly said: “This is a great honour and one which reflects the work of all my colleagues at Addenbrooke’s and the University in establishing Cambridge as a world-leading centre of research and clinical care into metabolic disease.”