

Botulinum toxin

Botulinum toxin is produced by a bacteria, and has been developed as a medicine to relax over-active muscles in the limbs, neck, face, bladder and bowel. It also has uses in various other medical conditions. It is injected in minute quantities directly into the affected muscles to reduce excessive contraction. It is also used to reduce sweating and salivation.

Intended benefits of the procedure

- Botulinum toxin injection is an effective way to reduce pain and decrease muscle spasms and works well in the majority of affected individuals.
- Its effect is, however, temporary and not a cure. For continued relief from symptoms, you will need repeated injections. Regular stretching exercises help to prolong the benefit of the treatment.