After a small bowel transplant
**Clinic info**

<table>
<thead>
<tr>
<th>Day</th>
<th>Clinic number</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td>12</td>
<td>14:00 - 16:00</td>
</tr>
</tbody>
</table>

- Bring your post-transplant medication list.
- Do not take your morning immunosuppression for that day until you have had your pre-clinic blood test.
- You will have an endoscopy appointment booked for the morning of your clinic appointment.
- Contact 01223 349 461 (Monday to Friday, 8-5) 01223 217 711 (weekends/out of hours)
Your medication

Don’t worry, as during your stay the nursing and pharmacy staff will educate you on what to take, when to take them and why you need to take them. Following your transplant you will meet the specialist transplant pharmacy team who will help with the supply and education of your new medications in preparation for your discharge. The team consists of:

- Bridget Featherstone, Lead Pharmacist for Transplantation
- Kate Thorndike, Specialist Transplant Pharmacy Technician
- Pharmacist on the Transplant Rotation

Once you have been discharged you will attend clinics in Addenbrookes on a regular basis.

On the day of your clinic appointment:

- Please bring all of your medications with you.
- Please ensure that you don’t take your tacrolimus (Advagraf, Adoport or Prograf), Ciclosporin (Neoral) or Sirolimus (Rapamune) medication until you have had your morning bloods taken at the hospital.
- If you are readmitted to hospital please also bring all of your medicines with you.
  Unfortunately we are not able to use medicines on the ward from a ‘dosette’ box, so it is more helpful if you bring medicines in original containers.

Obtaining further supplies of Valganciclovir and Immunosuppressant medication

i.e. Tacrolimus (Advagraf, Adoport, Prograf), Ciclosporin (Neoral), Sirolimus (Rapamune), Azathioprine, Mycophenolate and Prednisolone.

NHS England has directed that the prescribing of immunosuppressants for transplant patients should be done by the doctors at the hospital’s transplant clinic rather than the GP surgeries. A scheme has been set up at Addenbrookes to facilitate this. All newly transplanted patients will be included in this scheme. The scheme will be explained to you after your transplant. For ‘older’ transplant patients we plan to gradually transfer the prescribing and supply of the immunosuppressant medication (a process known as ‘repatriation’) from the GP to the hospital over the next year. We shall contact everyone individually about this. It is important that you continue to get your immunosuppressants from your existing source until you are told otherwise.
Should any issues arise with obtaining further supplies of immunosuppressant medication, whilst you are under the care of Addenbrooke’s you can contact the transplant pharmacy team either by email transplant.pharmacy@addenbrookes.nhs.uk or by leaving a message (text or phone) on 07580 364 118.

**Obtaining further supplies all other medication**

i.e. anything that is not Valganciclovir or Tacrolimus (Advagraf, Adoport, Prograf), Ciclosporin (Neoral), Sirolimus (Rapamune), Azathioprine, Mycophenolate and Prednisolone.

Please arrange further supplies from you GP

On this site:

- Pharmacy