

Hospital guide

Under 6



Cambridge
University Hospitals
NHS Foundation Trust

Having an Operation

You are coming in to hospital to have an operation

Your mummy and daddy can come with you.

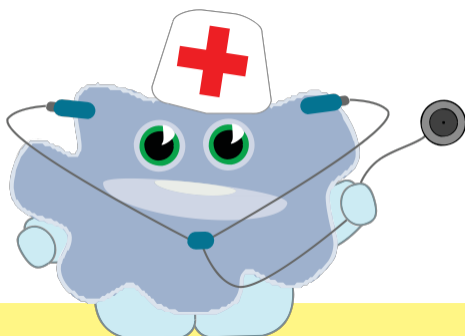
You will see some nurses and doctors who will ask you a few questions.



The nurses will see how fast your heart is beating.



The nurses will see how heavy you are.



Young Lives



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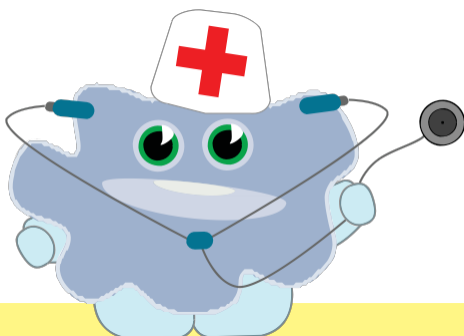
When it is time for your operation, you will need to change into your pyjamas or a hospital gown.



The nurses will see how hot you are.

You and your mummy or daddy will be taken to the anaesthetic room.

You can have a ride on your bed, or walk.



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If you have cream on, it will be taken off. A little plastic tube will be put into your hand where the cream was so that you do not feel it.

You will have some medicine to help you fall asleep for a while.

You may have a mask over your nose and mouth giving you some special air, called oxygen.

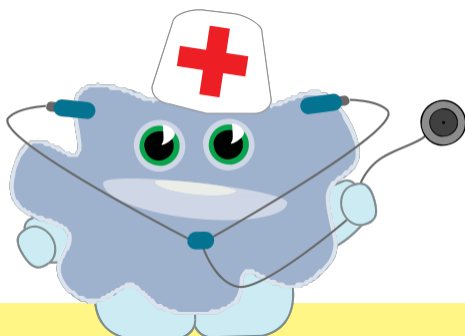
You will have spongy peg on your finger, so that the nurse can see how fast your heart is beating.

The little tube in your hand will have a bandage over it.

If it hurts, tell your nurse or your mummy or daddy.

You can change into your own clothes when you feel ready.

You will go back to the ward where you should be able to have something to eat or drink.



Young Lives

Active
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When you are feeling better, your nurse will talk to you about going home.



We are smoke-free: smoking is not allowed anywhere on the hospital campus. For advice and support in quitting, contact your GP or the free NHS stop smoking helpline on 0800 169 0 169.

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Document history

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